

Thursday and Saturday after Ash Wednesday

Thurs: When to the Lord I cried in need,
Sat: Lord, answer us, for you are kind;
Dox: Praise God the Father, God the Son,

He heard my voice and paid me heed.
 your mercies in a bundle shine,
 And God the Spirit, Three in One;

He rescued me from every foe.
 Look down upon us as we pray,
 To whom all honor, glory be

He cares for us who dwell below.
 And show mercy on this day.
 Both now and for eternity.

Friday after Ash Wednesday

Ant. The Lord has heard and helped me, His mer - cy he be -
Dox. So praise we now the Fa - ther, and praise we Christ the

stows, The Lord be - came my help - er, From him all mer - cy flows.
Son, Who reign with God the Spi - rit, the Bless - ed Three in One.

First Week of Lent

Monday, Wednesday, and Friday

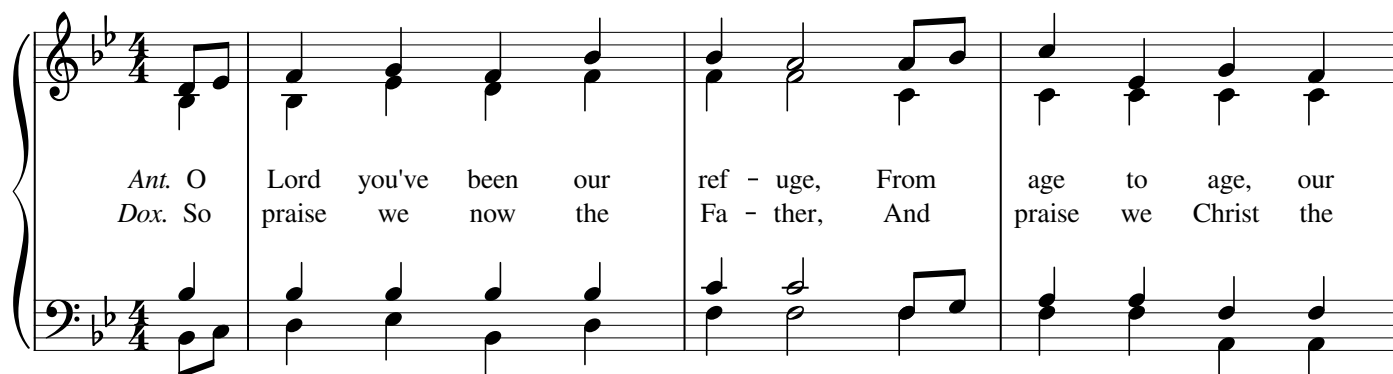
Mon: Like eyes of serv - vants on their lords, Our
Wed: Re - mem - ber your com - pass - ion, Lord, Your
Fri: Lord, set me free from my dis - tress And
Dox. Praise God the Fa - ther, God the Son, And

eyes will rest up - on the Lord, Un - til his mer - cy
 lov - ing mer - cy from of old. Let not our foes ex -
 see my pain and low - li - ness, From my in - i - qui -
 God the Spi - rit, Three in One; To whom all hon - or,

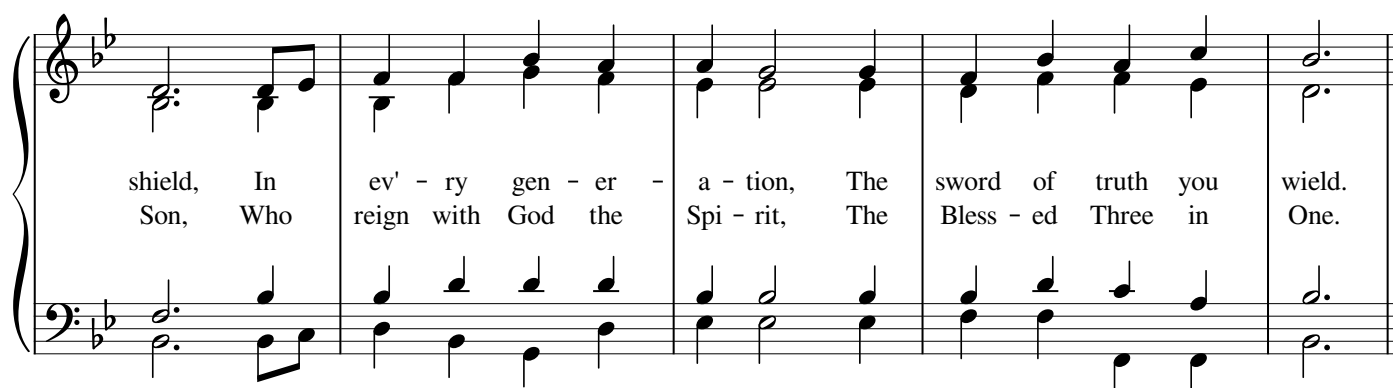
shall be shown. Have mer - cy, Lord, your love make known.
 ult o'er us, Re - deem us, God, from all dis - tress.
 ties set free, And take my sins a - way from me.
 glo - ry be Both now and for e - ter - ni - ty

First Week of Lent

Tuesday



Ant. O Lord you've been our refuge, From age to age, our
Dox. So praise we now the Fa-ther, And praise we Christ the



shield, In ev'-ry gen-er-a-tion, The sword of truth you wield.
Son, Who reign with God the Spi-rit, The Bless-ed Three in One.

First Week of Lent

Thursday

Ant. Un - to my words, Lord, give thine ear; Give heed un - to my sighs. My
 Dox. All praise to God the Fa - ther be, and to his on - ly Son, Who

God and King, hear thou my voice, At - tend now to my cry.
 with the Ho - ly Spi - rit reign, the Bless - ed Three in One.

First Week of Lent

Saturday

How per - fect is the law of God, re - vives the wear - y soul, His

The first system of musical notation is in G major and 4/4 time. It consists of a treble and bass clef staff. The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are: "How per - fect is the law of God, re - vives the wear - y soul, His".

just de - crees stand stead - fast - ly, and make the wound-ed whole, and

The second system of musical notation continues the melody and accompaniment. The lyrics are: "just de - crees stand stead - fast - ly, and make the wound-ed whole, and".

to the sim - ple wis - dom give, while un - to him they sing: Praise

The third system of musical notation continues the melody and accompaniment. The lyrics are: "to the sim - ple wis - dom give, while un - to him they sing: Praise".

Fa - ther, Son, and Ho - ly Ghost, Our Tri - une God is King.

The fourth system of musical notation concludes the piece. The lyrics are: "Fa - ther, Son, and Ho - ly Ghost, Our Tri - une God is King." The system ends with a double bar line.

Second Week of Lent

Monday

Re - deem me Lord, have mer - cy, On lev - el ground I stand. With -

in the Lord's as - semb - ly I will lift up my hands. So

praise we now the Fa - ther, And praise we Christ the Son, Who

reign with God the Spi - rit, The Bless - ed Three in One.

Second Week of Lent

Tuesday, Wednesday

Tues: Give light un - to my eyes, O Lord, that death I may not see, Let
Wed: For sake me not, O Lord, my God, be Thou not far from me! Make
Dox.: All praise to God the Fa - ther be, and to his on - ly Son, Who

not my en - e - mies ex - ult, nor claim the vic - tor - y.
haste, O Lord, come to my aid, my strong sal - va - tion be.
with the Ho - ly Spi - rit reign, the Bless - ed Three in One.

Second Week of Lent

Thursday, Friday, Saturday

Thurs: Test me, O God, and know my thoughts, See
Fri: I put my trust, Lord, in your name, O
Sat: The Lord is kind and mer - ci - ful, His
Dox.: Praise God the Fa - ther, God the Son, And

that my path is wick - ed not, Try me and know my
 let me ne'er be put to shame; Re - lease me from the
 wrath a - gainst us ev - er slow. How good and grac - ious
 God the Spi - rit, Three in One; To whom all hon - or,

in - most heart, From an - cient paths let me not part.
 hid - den snare, For you in - deed my ref - uge are.
 is the Lord, com - pass - ion - ate to all be - low.
 glo - ry be Both now and for e - ter - ni - ty.

Third Week of Lent

Monday

Ant. My soul is long - ing for the Lord, and yearn - ing for his court; And
Dox. All praise to God the Fa - ther be, and to his on - ly Son, Who

The first system of the musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of two staves: a treble clef staff and a bass clef staff. The lyrics are placed between the staves. The music features a simple harmonic accompaniment with chords and moving lines in both hands.

for my God, the liv - ing God, my heart and flesh cry out.
with the Ho - ly Spi - rit reign, the Bless - ed Three in One.

The second system of the musical score continues the piece in the same 4/4 time and Bb key signature. It also consists of two staves. The lyrics are placed between the staves. The music concludes with a final cadence in the treble staff.

Third Week of Lent

Tuesday, Saturday

Tues: To you I call for help, O God, for you will surely heed; You
Tues Dox.: O hear my cause for jus - tice, Lord, at - tend to my ap - peal, And
Sat: Bless, O my soul, the Lord thy God, and not for - get - ful be of

turn your ear to me and hear my words in time of need. O
 let my vin - di - ca - tion come, your just - ice now re - veal. All
 all his gra - cious ben - e - fits he hath be - stowed on thee. All

Lord, in mer - cy, guard me as the ap - ple of your eye; And
 praise to God the Fa - ther be, All praise to God the Son, All
 thy in - i - qui - ties he does most grac - ious - ly for - give; Praise

in the sha - dow of your wings in safe - ty make me lie.
 praise to God the Ho - ly Ghost, For ev - er Three in One.
 Fa - ther, Son, and Ho - ly Ghost, O bless him while you live.

Third Week of Lent

Wednesday, Friday

Wed: O let my steps be guid - ed, your pro - mise guard my way; May
Fri: A - mong the gods there is none like you, our Lord a - lone, for

ev - il nev - er rule me, O Lord, be - side me stay; So
you are great and might - y, your marv' - lous deeds are known. May

praise we now the Fa - ther, And praise we Christ the Son; Who
you be ev - er wor - shipped, And cease - less - ly a - dored, By

reign with God the Spi - rit, The Bless - ed Three in One.
those in song u - nit - ed, One hope, one faith, one Lord.

Third Week of Lent

Thursday

1. I am tru - ly the sal - va - tion of all peo - ple, says the Lord.
2. To my law, pay heed my peo - ple, be at - ten - tive to my word.

From what - ev - er tri - bu - la - tions un - to me their cry out - poured;
Glo - ry be to God the Fa - ther, Glo - ry be to God the Son;

I will heed their sup - pli - ca - tion, I will al - ways be their Lord.
Glo - ry to the Ho - ly Spi - rit, Tri - une God - head, ev - er one.

Text: Thursday of the Third Week in Lent, Psalm 37: 39, 40, 28;
Salus populi ego sum; Introit, Ordinary Time 25; adapted Greg Heislman, © 2013.
Tune: ST THOMAS, 8 7 8 7 8 7; John F. Wade, 1711-1786

Fourth Week of Lent

Monday

Ant. In the Lord my trust has been, My af - flic - tion you have seen.
Dox. Hymns of glo - ry, songs of praise, Fa - ther un - to you we raise;

The first system of the musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of two staves: a treble clef staff and a bass clef staff. The melody is primarily in the treble clef, with the bass clef providing harmonic support through chords and single notes. The lyrics are printed below the treble clef staff.

Let my soul be glad, re - joice, God in mer - cy heard my voice.
Son of God, we now a - dore, With the Spi - rit ev - er more.

The second system of the musical score continues the melody and accompaniment from the first system. It maintains the same 4/4 time signature and key signature. The lyrics are printed below the treble clef staff.

Text: Entrance Antiphon: Monday of the Fourth Week of Lent, Roman Missal
Adapted Luke Massery © 2020. Tune: HEINLEIN 77 77

Fourth Week of Lent

Tuesday, Wednesday, Friday

Tues: Come to the wat - ers all who thirst, Drink wat - er that I give, Come
Wed: I pray to you, O Lord, that times of fav - or may pre - vail. In
Fri: Save me, O God, by your great name; De - fend me by your pow'r. O

with no mon - ey, says the Lord, Stoop down and drink and live. All
 your great mer - cy ans - wer me with grace that shall not fail. All
 God, give ear un - to my words, And hear my prayer this hour. All

praise to God the Fa - ther be, and to his on - ly Son, Who

with the Ho - ly Spi - it reign, the Bless - ed Three in One.

Fourth Week of Lent

Thursday

Let the hearts of those re-joice who search un-fail-ing for the Lord. Seek the

The first system of musical notation for the antiphon, featuring a treble and bass clef with a key signature of one flat and a 6/8 time signature. The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are: "Let the hearts of those re-joice who search un-fail-ing for the Lord. Seek the".

Lord, and be ye strength-ened; seek his face for ev-er-more. Glo-ry

The second system of musical notation, continuing the melody and accompaniment. The lyrics are: "Lord, and be ye strength-ened; seek his face for ev-er-more. Glo-ry".

be to God the Fa-ther, Glo-ry be to God the Son, Glo-ry

The third system of musical notation, continuing the melody and accompaniment. The lyrics are: "be to God the Fa-ther, Glo-ry be to God the Son, Glo-ry".

be to God the Spi-rit, Glo-ry to the Three in One.

The fourth and final system of musical notation, concluding the antiphon. The lyrics are: "be to God the Spi-rit, Glo-ry to the Three in One." The system ends with a double bar line.

Antiphon: Psalm 105:3, 4; Laetetur cor quarentium Dominum;

Introit, Ordinary 30 and Thursday of the Fourth Week of Lent; adapted Greg Heislman, © 2013.

Tune: BEACH SPRING.

Fourth Week of Lent

Saturday

Ant. The waves of the death a - bout me rose;
Dox: Praise God the Fa - ther, God the Son,

The pains of the neth - er - world en - close;
 And God the Spi - rit, Three in One;

I called in ang - uish to the Lord,
 To whom all hon - or, glo - ry be

Who from his ho - ly temp - le heard.
 Both now and for e - ter - ni - ty.

Fifth Week of Lent

Monday, Tuesday, Saturday

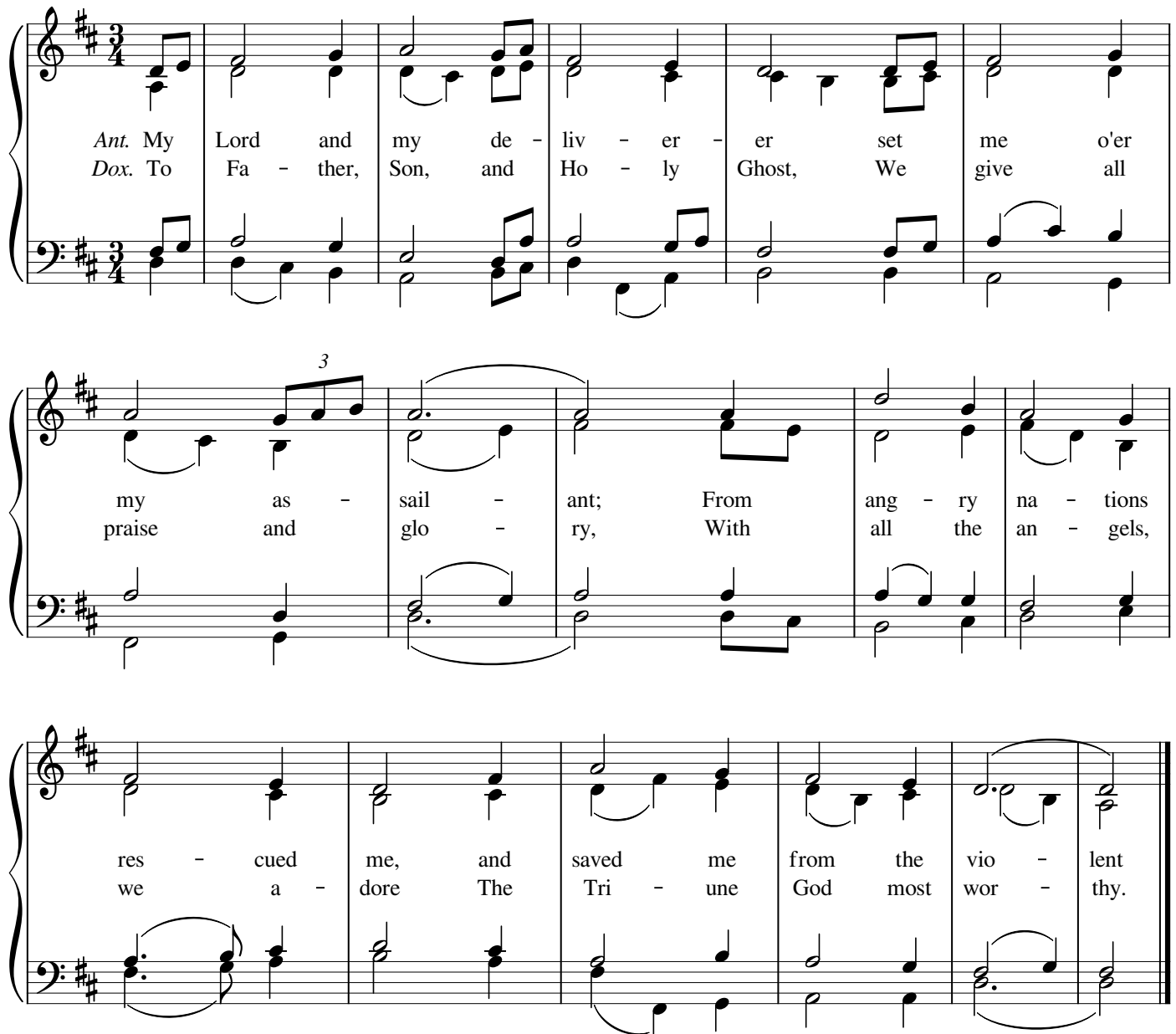
Mon.: Have mer - cy on my now, O God, For
Tues.: Wait for the Lord; be stout of heart; Be
Sat.: O Lord, stay thou not far from me; My
Dox.: All praise to God the Fa - ther be, and

en - e - mies as - sail; They fight, op - press me
 strong, wait for the Lord! Praise Fa - ther, Son, and
 strength, make haste, I call! For I'm a worm and
 to his on - ly Son, Who with the Ho - ly

all day long, Do not let them pre - vail. *To Dox.*
 Ho - ly Ghost, Blest Tri - ni - ty a - dored.
 not a man, des - pised and scorned by all. *To Dox.*
 Spi - rit reign, the Bless - ed Three in One.

Fifth Week of Lent

Wednesday



Ant. My Lord and my de-liv-er-er set me o'er all;
Dox. To Fa-ther, Son, and Ho-ly Ghost, We give all

my praise as sail-ant; From ang-ry na-tions
and glo-ry, With all the an-gels,

res-cued me, and saved me from the vio-lent
we a-dore The Tri-une God most wor-thy.

Text: Entrance Antiphon, Fifth week of Lent, Wednesday, Roman Missal
adapted by Luke Massery© 2020.
Tune: ST COLUMBA CM

Fifth Week of Lent

Thursday, Friday

Thurs: Christ is the me - di - a - tor of this New Cov - e -
Thurs. Dox.: All praise to God the Fa - ther, Through Je - sus Christ, your
Fri: O Lord, have mer - cy on me, for I am in dis -

nant, So that by means of dy - ing, may fin - al death pre -
 Son, With the E - ter - nal Spi - rit, Our three - fold God in
 tress. My en - e - mies pur - sue me, re - move me from their

vent. Those who are called, a gen' - rous in - her - i - tance re -
 One; May you be ev - er wor - shipped, And cease - less - ly a -
 grasp. Let not my foes boast o'er me nor put my soul to

ceive: The pro - mise of re - demp - tion, To live e - ter - nal - ly.
 dored, By those in song u - nit - ed, One hope, one faith, one Lord.
 shame, For Fa - ther, Son, and Spi - rit, I call up - on your name.

Monday of Holy Week

Ant. Lord, con - tend with my con - tend - ers; Those who fight a -
Dox. Christ, to you with God the Fa - ther, Spi - rit blest e -

gainst me, fight. Lord, take up your shield and buck - ler;
 ter - nal - ly, hymn and chant and high thanks - giv - ing,

Sav - ing Lord, a - rise in might. Come to my de - fense, my
 and un - end - ing prais - es be: Hon - or, glo - ry, and do -

help - er, put my en - e - mies to flight.
 min - ion, and e - ter - nal vic - to - ry.

Text: Entrance Antiphon, Monday of Holy Week, Roman Missal,
 adapted Luke Massery, © 2020.

Dox: John M Neale, 1818-66; Henry W Baker, 1821-77

Tune: PICARDY 878787

Tuesday of Holy Week

Do not leave me to the will of all my en - e - mies, O Lord, For false
wit - ness - es rise up and breathe out viol - ence with ac - cord. Glo - ry
be to God the Fa - ther, Glo - ry be to God the Son, Glo - ry
be to God the Spi - rit, Glo - ry to the Three in One.

Text: Entrance Antiphon, Tuesday of Holy Week, Roman Missal,
adapted Luke Massery © 2020.
Tune: NETTLETON 8787D

Wednesday of Holy Week

At Je - sus' ho - ly name all knees should bend, of those in heav'n, on

earth, or un - der earth, he un - to death be - came o - be - di - ent, and

on a cross, that death brought life to birth: There - fore is Je - sus

Christ our sov - ereign Lord, to God the Fa - ther's glo - ry ev - er - more.

Text: Phil 2: 10, 8, 11, Ps 102:2, In Nomine Domini; Introit 26OTA,
and Entrance Antiphon for Wednesday of Holy Week
Adapted Luke Massery © 2020

Tune: UNDE ET MEMORES, 10 10 10 10 10 10; William H. Monk, 1823-1889.